

A novel treatment protocol for the management of nonhealing surgical wounds

Authors:

Jennifer Eingle, PT, DPT
Advanced Wound Care Team Leader
Peoplefirst Rehab. Indianapolis, IN

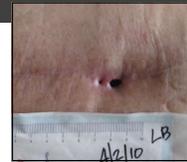
Jodie R. Harper, MD, CWS
Wound Care Specialists of Indiana
Indianapolis, IN

Purpose

The purpose of this evaluation was to test a novel protocol in the management of nonhealing surgical wounds using a novel transforming powder dressing (TPD) to decrease the frequency of dressing changes.

Conclusions

The study indicated that the use of the TPD¹ on nonhealing surgical wounds with a silicone mesh with adhesive border allows for applications of a moist wound dressing for periods of up to 7 days without dressing change. The technique to the right allows the TPD to be applied to a nonhealing surgical wound with depth and retained in place using an adhesive border dressing:



C-Nonhealing surgical wound with depth

1-Nonhealing surgical wounds with depth can be treated by packing the wound with TPD¹. This is typically accomplished using a modified funnel.
2-Packing the TPD with a sterile probe between applications as the powder aggregates.



Step 1-Transfer of TPD into deep wound using "funnel technique"



3-The periwound is cleaned and treated with a protective skin barrier².

4-An adhesive border dressing³ is applied over the wound ensuring that the adhesive does not contact the aggregated TPD. Typical dressing changes including TPD is weekly.



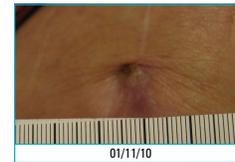
Step 3-protecting periwound



Step 4-Application of adhesive border dressing with breathable foam pad

Products

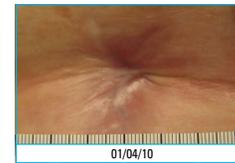
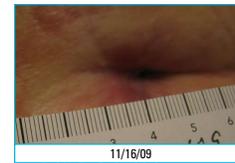
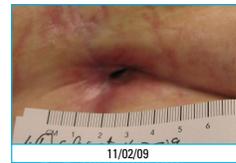
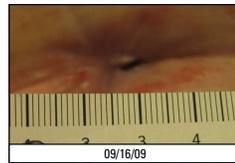
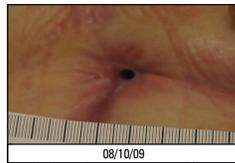
¹-Altrazeal™ Transforming Powder Dressing - ULURU, Inc.
²-Prep Protective Skin Barrier - Coloplast, Inc.
³-Mepilex™ Border - Molnlycke Healthcare



PATIENT: 80 yo female presented to wound center on 9/21/09 with nonhealing surgical wound to left knee following trauma requiring I&D of the prepatellar bursa in March 2009. The wound measured 2.0 x 1.8 x 1.2 cm with undermining at 12 to 12 o'clock, deepest to 2.7 cm. **PMH:** CHF, hypertension, hypothyroidism, osteoarthritis.

WOUND CENTER COURSE: The Patient required excisional debridement and enzymatic debridement with Santyl® for 4 weeks and then changed to Prisma™ collagen daily using NU GAUZE® to fill in the dead space (1.5 x 1.5 x 0.7 cm with u/m from 10–12 to 2.8 cm). The Patient wasn't improving so 4 weeks of OASIS® and Iodoflex™ from 11/9–11/20 improved wound to 0.8 x 0.5 x 0.5 cm with u/m to 1.0 cm. 12/7/09: First application of the TPD¹, the wound measured: 0.8 x 0.5 x 0.2 cm with u/m at 12 o'clock to 1 cm.

12/14/09: Second application of the TPD with measurements of 0.5 x 0.3 x 0.2 cm with u/m at 12 o'clock to 0.3 cm. 12/21/09: Third application of the TPD with measurements of 0.4 x 0.2 x 0.1 cm with u/m at 12 o'clock to 0.2 cm. 12/28/09: f/u visit, the TPD in place and dry, left intact: 0.5 x 0.5 x 0 cm, no depth, no u/m. 1/4/10: Forth application of the TPD the wound measured 0.2 x 0.2 x 0.1 cm, no u/m. 1/11/10: The Patient healed. At f/u visit on 3/1/10, wound remained healed with no complications.



PATIENT: 72 yo female on 3/19/09 with nonhealing surgical wound to her anterior chest wall. The Patient was s/p coronary artery bypass in 9/08 that was complicated by sternal wound infection requiring surgical debridement followed by complete reconstruction of her sternum covered with flap in 10/08. Despite treatment with KCI Wound VAC, the Patient required further surgical debridement

including infected bone on 6/11/09 and also received 6 weeks of IV daptomycin. **PMH:** CAD s/p CABG (as above), DM, type 2 on insulin. **WOUND CENTER COURSE:** Initial visit after surgery on 6/17/09, the wound measured 5.2 x 3.4 x 4.2 cm with undermining at 12 o'clock to 2.9 cm and at 3 o'clock to 3.0 cm. We resumed KCI VAC therapy. The wound improved with KCI VAC therapy which was d/c'ed on 7/20/09 due to size limitations (2.0 x 1.2 x 1.3 cm with u/m at 2 o'clock to 4.8 cm). Between 7/20/09–10/5/09, multiple wound products including Mesalt® packing strips, Hydrofera® Blue rope, Fibracol® Plus

collagen, PolyMem Silver® WIC rope, and Multidex® powder were used with minimal improvement (1.0 x 1.1 x 1.0 cm with u/m at 2 o'clock to 3.2 cm). Since the wound had stalled at that size, OASIS was used weekly x 4 from 10/5/09–10/26/09 with measurements improving slightly to 1.0 x 0.5 x 1.0 cm with u/m to 3.2 cm. First application of the TPD¹ was 11/2/09 and in 1 week wound measurement decreased to 0.3 x 0.2 x 1.0 cm with u/m to 1.5 cm. The TPD as reapplied on 11/9/09 and the Patient was healed at her next visit on 11/16/09. F/u visit on 1/04/10 revealed well healed scar.

Michael S. Miller DO, FACOS,
FAPWCA, CWS
The Wound Healing Centers
of Indiana Indianapolis, IN

Treatment of Post-Operative Chronic Abdominal Wounds Using a Novel Powder Wound Dressing

Objectives

Upon viewing this poster, attendees will have observed the treatment of post-surgical abdominal wounds that have shifted from an acute postoperative stage to a chronic-non-healing stage.

Attendees will also see the results of the application of a novel powder dressing which allows the coverage of these wounds in a region where torsion and strain can make retaining a dressing difficult.

Introduction

Healing postoperative wounds is problematic due to their location in positions not conducive to standard dressings, tendency towards dryness and the many etiologies of the failure to heal. Abdominal wounds pose their own set of problems in that they are on areas that are in constant motion which reduces the adherence of the dressings, and their position makes application and adherence difficult due to gravity. A typical patient with a non-healing post-operative abdominal wound can also have fragile skin in this location so minimal adhesive and fewer changes are desirable traits in the choice of dressing. Pain is also a significant factor in patient care. We report on the use of a novel powder dressing in the treatment of two cases involving non-healing post operative wounds in the abdomen.

Case 1

A 58 year old male patient presenting with an open draining wound of the abdomen which had been present for 6 months. The patient had undergone 4 previous ventral hernia repairs the last of which was 4 years prior and used mesh in the repair. The patient had a history of Staph infections of the wound which necessitated treatment with IV antibiotics. Previous treatments to this wound included topical antibiotics, dry gauze and topical steroids and the wound remained in stasis for the 6 month period. He reported pain as a "6" on a 0 to 10 scale when initially presenting. Sharp debridement of the wound was performed and one week later, the wound was covered with a novel powder dressing. The 4.1 cm X 3.4 cm X .4 cm. Pain decreased to a 1 on the same scale since initiation of Altrazeal. The wound has shown a decrease in depth with some improvement in granulation bed.



Initial Treatment



2 Months



4 months



5 months

Case 2

A 74 year old male patient presenting with an incisional dehiscence. The patient underwent repair of an abdominal aortic aneurysm 1 month prior and the dehiscence occurred 1 month after surgery. The patient had been undergone treatments including VAC, topical antibiotics, and simple dry dressings with the patient doing his own care for the 4 months prior to referral. After initial evaluation, aggressive debridement of the wound was performed with initiation of treatment with the powder wound dressing commencing one week later. Initial measurements of the wound were 10.6 cm X 6.0 cm X .5 cm. Pain prior to treatment was a "4" on a scale of 0 to 10 and decreased to a "0" after two weeks of treatment. The periwound has shown some decrease in erythema and the wound depth has decreased with improvement in the granulation bed appearance.



Initial Treatment



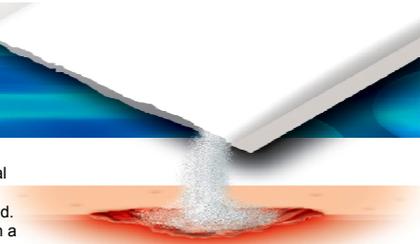
2 Months



3 months



4 months



Stephanie Bixler,
MSN, CANP, CWCN, AAPWCA
Wound Care Nurse Practitioner
Marshfield Clinic Rice Lake Center
Rice Lake, Wisconsin

Treatment of a Rheumatoid Nodule Surgical Wound with a Novel Powder Wound Dressing*

Introduction:

A rheumatoid nodule is a local swelling or tissue lump which occurs almost exclusively in association with rheumatoid arthritis. The nodules are usually subcutaneous especially over bony prominences such as the tip of the elbow or olecranon or over the finger knuckles. In some cases the nodules can be painful, especially if the overlying skin breaks down and patients opt to have the nodule removed surgically.

Background:

A 57 year old Caucasian female was referred to the wound care clinic for a non-healing surgical wound of the right elbow created during removal of a rheumatoid nodule. The surgical wound dehisced and remained open 5 weeks post surgery. The patient had a history of similar non-healing surgical wounds from nodule resections in the past complicated by osteomyelitis. The patient was on chronic steroids for rheumatoid arthritis. Treatment was complicated by difficulties in compliance with dressing changes. The wound had been treated with daily dressing changes using triple antibiotic and gauze.

Upon examination, the wound was present on the right arm at the elbow on the lateral olecranon measuring 9 mm in length and 6 mm in width. The depth was 2 mm and there was undermining from 10 to 12 o'clock of approximately 10 mm. The undermining tissue was fibrous and the remaining tissue was red and granulating. There was no evidence of infection. The patient complained of discomfort and pain while sleeping. The patient was treated with a woven hydrocolloid dressing that was covered with an adhesive secondary dressing which was to be changed every three days. Dressing changes were difficult due to discomfort and the wound location.

Treatment:

A novel powder dressing, was placed on the wound as treatment with an extended wear time based on the manufacturer claims. It was hoped that the ability of this dressing to stay in place for longer periods would allow the patient to have infrequent dressing changes between visits. The dressing is presented as a powder and was applied by pouring the powder directly onto the wound. The powder transforms into a solid, flexible dressing in the presence of exudate or normal saline. More powder was added alternating with saline until a plug formed filling the wound to the surface of the skin. The patient was sent home for one week prior to another dressing change and this procedure was repeated with each office visit until the wound completely healed.



Day 0 of treatment



Day 4 of treatment



Day 11 of treatment



Day 21 of treatment



Day 40 of treatment



Day 47 of treatment



Day 61 of treatment
Wound Healed

Visit	Examination	Treatment	Patient Comments
1-Day 0 of treatment	Wound measures 0.9 x 0.6 cm with depth of 0.2 cm and undermining of 1 cm. No infection	Sharp debridement, irrigation, powder dressing applied	Dressing comfortable and in place
2-4 days of treatment	Wound measures 0.8 x 0.5 cm with depth of 0.2 cm and undermining of 0.8 cm. Granulation bed robust, some new epithelialization, and no infection present	Wound irrigated, powder dressing applied	Patient did not need to change the dressing, no strikethrough dressing noted, decrease in pain
3-12 days of treatment	Wound measures 0.7 x 0.5 cm with depth of 0.1 cm and undermining of 0.5 cm. Contracture and epithelialization present	Wound irrigated, powder dressing applied, contact layer used to cover powder, secured with tape.	Patient notes better sleep with decreased pain. Patient would like to extend periods between dressing changes.
4-21 days of treatment	Wound measures 0.5 x 0.6 cm with no depth and undermining of 0.8 cm.	Wound irrigated, powder dressing applied, contact layer used to cover powder, secured with tape	Patient did not change dressing, noted no drainage, and has been pain free
5-26 days of treatment	Wound measures 0.5 x 0.5 cm with no depth and undermining of 0.8 cm. New granulation tissue noted in undermining area	Wound irrigated, powder dressing applied, contact layer used to cover powder, secured with tape	patient noted no drainage and the dressing stayed in place. Patient did note some itching at wound margins
6-35 days of treatment	Wound measures 0.5 x 0.3 cm and undermining of between 0.2 and 0.4 cm. Undermining track filled with granulation tissue. Dressing was dry and some redness around the wound with crusting on cover dressing. Possible microbial contamination	Wound irrigated, powder dressing applied. Ag mesh applied fixed with tape.	Dressing remained in place. Patient reports some pain at wound site between visits.
8-47 days of treatment	Wound measures 0.3 x 0.4 cm with undermining of 0.4 cm. Wound is 50:50 granulating and epithelialized tissue.	Wound irrigated, powder dressing applied. Ag mesh applied fixed with tape.	Dressing is comfortable with no pain.
10-54 days of treatment	Wound is insignificant with small area of granulating bed. Remainder of wound epithelialized	Wound irrigated, powder dressing applied. Ag mesh applied fixed with tape.	Patient reports no pain and complete freedom of movement. Patient hopes this is last visit. Patient reports that this is faster healing than previous nodule surgical wounds
11-61 days of treatment	Wound healed	Wound healed. Skin washed and covered with gauze and tape. Patient agreed to protect new skin for 2-4 weeks.	Patient wound has remained healed for nearly four months post treatment.